

HOLY INNOCENTS  
FALLOWFIELD



Sunday, August 4<sup>th</sup> 2024  
**The Tenth Sunday after Trinity**

خوش آمدی

Welcome to Holy Innocents.

*This leaflet contains all you need to join in the service. Words **in bold print** are spoken or sung by all. Hymns are not announced. For visitors, Gift Aid envelopes are available. Please be as still and quiet as possible before the service as we prepare together to celebrate the Eucharist.*

*When the bell rings, please stand to join in:*

**ENTRANCE HYMN 388**

*...and all who live in want are blest...*

*The president today is the Revd Canon Michael Answorth. Please remain standing for the greeting and act of penitence.*

+ In the name of the Father, and of the Son and of the Holy Spirit.

**Amen.**

The Lord be with you.

**And also with you.**

As we prepare to celebrate the mystery of God's love for us, let us call to mind the times when we have failed to respond to that love, and seek God's forgiveness.

*A time of silent prayer follows, then:*

Most merciful God,

**we confess that we have sinned**

**in thought, word and deed.**

**We have not loved you with our whole heart.**

**We have not loved our neighbours**

**as ourselves.**

**In your mercy forgive what we have been,**

**help us to amend what we are,**

**and direct what we shall be;**

**that we may do justly, love mercy,**

**and walk humbly with you, our God.**

May almighty God forgive us our sins, heal and strengthen us by his Spirit, and raise us to new life in Christ our Lord. **Amen.**

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King, almighty God and  
Father, we worship you, we give you  
thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God, you take away the  
sin of the world: have mercy on us;**

**you are seated at the right hand of the  
Father: receive our prayer.**

**For you alone are the Holy One,**

**you alone are the Lord, you alone are the**

**Most High, Jesus Christ, with the Holy Spirit  
in the glory of God the Father. Amen.**

**THE COLLECT** The prayer for this Sunday

Let us pray.

*After a moment of silent prayer the president says  
the Collect.*

*At the end: **Amen.***

*Please sit down for the Ministry of the Word.*

**FIRST READING** Exodus 16.2-4,10-19

All the Israelites complained against Moses and Aaron in the wilderness. They said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, "Say to all the people, 'Draw near to the Lord, for he has heard your complaining.'"

And as Aaron spoke to the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud.

The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground.

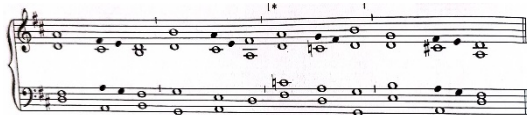
When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat.

*At the end:* This is the word of the Lord.

**Thanks be to God.**

#### PSALM 78.23-29

**You satisfy the hungry heart  
with gift of finest wheat;  
come give to us, O saving Lord,  
the bread of life to eat.**



So God commanded the clouds above and opened the doors of heaven.

He rained down upon them manna to eat – so mortals ate the bread of angels; he sent them food in plenty.

He caused the east wind to blow in the heavens and led out the south wind by his might. **R/**

God rained flesh upon them as thick as dust and winged fowl like the sand of the sea. He let it fall in the midst of their camp and round about their tents.

So they ate and were well filled, for he answered their request. **R/**

#### SECOND READING Ephesians 4.1-6

*At the end:* This is the word of the Lord.

**Thanks be to God.**

*Please stand for the Gospel Acclamation*

Alleluia..... **alleluia...**

When Christ ascended on high he made captivity itself a captive; and he gave gifts to his people.

May the Gospel lead us in the way of Christ and grant us grace to persevere.

**Alleluia...**

#### GOSPEL READING John 6.24-35

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

*At the end:* This is the Gospel of the Lord.

**Praise to you, O Christ.**

*Please sit down for the sermon. The preacher today is the Revd Jane Walker. After the sermon there will be a time of silence. Then all please STAND with the president for the Creed.*

We believe in one God,

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

We believe in one Lord,

**Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation**

**he came down from heaven,  
was incarnate of the Holy Spirit  
and the Virgin Mary and was made man.**

**For our sake**

**he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again**

**in accordance with the Scriptures;  
he ascended into heaven and is seated  
at the right hand of the Father.**

**He will come again in glory**

**to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and  
apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*Please remain standing for the Prayer of the Faithful. After each section:*

Lord, in your mercy:

**hear our prayer.**

*After the final section (for the departed) there will be a time of silent prayer. At the end:*

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ. Amen**

*The president introduces THE PEACE:*

We are the Body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you.

**And also with you.**

*All exchange a sign of peace.*

### **OFFERTORY HYMN 302**

*The bread and wine are brought to the altar. The president says a prayer over the gifts to which we all respond:*

**Blessed be God for ever.**

*THE EUCHARISTIC PRAYER follows.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The president continues the prayer, thanking God for his saving works, and then invites the people to join their praises with the whole company of heaven: ... ..for ever praising you and singing:*

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*The president asks the Father to send the Holy Spirit to sanctify the bread and wine, and then repeats the Lord's own words over the bread and cup.....Great is the mystery of faith:*

**Christ has died: Christ is risen:**

**Christ will come again.**

*The president continues, joining our offering with Christ's sacrifice of himself. At the end of the prayer the president says:*

.....all honour and glory be yours, almighty Father, for ever and ever: **Amen.**

*The President introduces the Lord's Prayer and all say together:*

**Our Father who art in heaven,**

**hallowed be thy name;**

**thy kingdom come, thy will be done**

**on earth as it is in heaven.**

**Give us this day our daily bread and**

**forgive us our trespasses, as we forgive those who trespass against us.**

**And lead us not into temptation**

**but deliver us from evil;**

**for thine is the kingdom, the power and the glory for ever and ever. Amen.**

ی پدر ما که در آسمانی، نام تو مقدس باد،  
ملکوت تو بیاید. اراده تو چنانکه در آسمان است، بر  
زمین نیز کرده شود. نان کفاف ما را امروز به ما بده. و  
قرض های ما را ببخش چنانکه ما نیز قرضداران خود را  
می بخشیم، و ما را در آزمایش میاور، بلکه از شریر ما  
را رهایی ده. زیرا ملکوت و قوت و جلالت ابدآباد از آن  
تو است، آمین.

*We SIT or KNEEL as the president breaks the consecrated bread in pieces for all to share:*

We break this bread

to share in the body of Christ.

**Though we are many we are one body,**

**because we all share in one bread.**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, grant us peace.**

*The president addresses those who wish to come to Holy Communion:*

Behold the Lamb of God who takes away the sins of the world; blessed are those who are called to his supper.

**Lord, I am not worthy to receive you, but only say the word and I shall be healed.**

*Those who wish to receive Holy Communion or a blessing approach the altar. All who are baptised, whether or not confirmed are invited to receive sacrament. Those who are not baptised should cross their arms for a blessing. Children may prefer to receive only the consecrated bread.*

*When all have received holy communion what remains of the consecrated bread will be placed in the tabernacle. After a time of stillness and quiet, all please STAND with the President.*

Let us pray.

*After a moment of silent prayer.*

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you:

**look upon us with your favour  
that we who follow the path of your will  
may never wander from the way of life;  
through Jesus Christ our Lord. Amen**

### **HYMN 282**

*PLEASE SIT for the announcements then STAND for the blessing and dismissal.*

The God of hope fill you with all joy and peace in believing, and the blessing of God almighty, the Father, the Son + and the Holy Spirit, be among you and remain with you always.

**Amen.**

Go in the peace of Christ:

**Thanks be to God.**

MONDAY August 5<sup>th</sup>

1930 Eucharist

THURSDAY 8<sup>th</sup>

1930 Eucharist

SATURDAY 10<sup>th</sup>

1000 Foodbank

NEXT SUNDAY 11<sup>th</sup>

1000 Sung Eucharist

Rector: The Revd Richard Young

✉ [richardyoung09@gmail.com](mailto:richardyoung09@gmail.com)

ASSOCIATE PRIEST: The Revd Jane Walker

[www.holyinnocentsff.org](http://www.holyinnocentsff.org)

Church Office: 0161 224 0535

**There is one Lord, one faith, one baptism.**

**There is one God, who is father of all.**

Bear with one another in love, in charity,  
be humble, be patient be selfless, be as one.

There is one body, there is one spirit  
There is one hope to which we are called.

We are all to come to unity  
In the faith and knowledge of the son of God  
until we become perfected  
in the fulness of Christ.

\*\*\*\*\*

Eat this bread, drink this cup,  
come to me and never be hungry.  
Eat this bread, drink this cup,  
trust in me and you will not thirst.



**For Southport...**

There is a place prepared for little children  
Those we once lived for, those we deeply mourn,  
Those who from play, from learning  
and from laughter - too soon were torn.

There is a place where hands which held ours  
tightly, now are released beyond all hurt and fear;  
Healed by that love which also feels our sorrow:  
Tear after tear.

There is a place where all the lost potential  
Yields its full promise, finds its lost intent;  
Silenced no more, young voices echo freely  
As they were meant.

John Bell