Holy Innocents

Fallowfield



**Quiet Day**

Saturday 20th July 2019

10am – 3:30pm

Please come into church through the front door.

Let the food bank reception know you are attending the Quiet Day and head up the spiral stairs.

**10:00 Eucharist in the Upper Chapel**

**10:30 Readings, followed by silence**

**12:30 Reading from a Psalm**

**12:35 Break for lunch**

**13:00 Silence**

**15:15 Evening prayer in the Upper Chapel**

**15:30 Quiet day ends**

Feel free after the Eucharist to go into the main body of the church, to sit, kneel or light candles. Please keep out of the lobby, Lady Chapel and downstairs meeting room in the morning, as the food bank will be operating there.

**Please bring your own lunch.**

**Tea and coffee will be provided. We will eat in silence.**

There are some resources on the Greenwood Cupboard (at the back of the choir area) for your use.

*If you would like a one-to-one conversation with someone, the Rector (Richard) would be happy to offer this, during the afternoon session in the church office.*