

HOLY INNOCENTS  
FALLOWFIELD



Sunday, March 19<sup>th</sup> 2023  
**The Fourth Sunday of Lent**  
**Refreshment Sunday**

خوش آمدی

Welcome to Holy Innocents

*This leaflet contains all you need to join in the service. Words in bold print are spoken or sung by all. Hymns are not announced. For visitors, Gift Aid envelopes are available. Please put them into the labelled box at the back. It is our tradition to be as still and quiet as possible before the service as we prepare together to celebrate the Eucharist. When the bell rings, please stand to join in:*

**ENTRANCE HYMN 186**

*The president today is the Revd Richard Young. Please remain standing for the greeting and act of penitence.*

+ In the name of the Father,  
and of the Son and of the Holy Spirit.

**Amen.**

The Lord be with you.

**And also with you.**

Compassion and forgiveness belong to the Lord our God; let us then ask his mercy by confessing our sins in penitence and faith.

*A time of silent reflection follows, then:*

Lord God, we have sinned against you;

**we have done evil in your sight.**

**We are sorry and repent.**

**Have mercy on us. Wash away our sin.**

**Renew a right spirit within us,**

**and restore us in your love,  
through Jesus Christ our Lord. Amen.**

*The Kyries are sung by the choir.*

*Then the president says the absolution.*

May Almighty God,  
who forgives all who truly repent,  
have mercy on you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

**THE COLLECT** The prayer for this Sunday

Let us pray.

*After a moment of silent prayer,  
the president says the Collect.*

*At the end:*

**Amen.**

*Please sit down for the Ministry of the Word.*



**FIRST READING** 1 Samuel 16:1-13

*At the end:* This is the word of the Lord.

**Thanks be to God.**

**Per Crucem is sung by the choir**

Per crucem

et passionem tuam,

libera nos Domine.

By your cross and Passion, Lord, set us free.

*Taizé Community*

**SECOND READING** Ephesians 5:8-14

For once you were darkness,  
but now in the Lord you are light.  
Live as children of light- for the fruit of the  
light is found in all that is good and right and  
true.

Try to find out what is pleasing to the Lord.

Take no part in the unfruitful works of  
darkness, but instead expose them.

For it is shameful even to mention what  
such people do secretly; but everything  
exposed by the light becomes visible,  
for everything that becomes visible is light.

Therefore, it says, "Sleeper, awake!

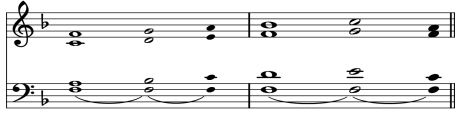
Rise from the dead,

and Christ will shine on you."

*At the end:* This is the word of the Lord.

**Thanks be to God.**

Please STAND for the Gospel Acclamation



Praise to you O Christ, King of eternal glory.  
**Praise to you O Christ, King of eternal glory.**

کلام مقدس خداوند را گوش دهید؛ انجیل خداوند را بشنو

For once you were darkness,  
but now in the Lord you are light.  
Live as child- ren of light-  
for the fruit of the light is found in all that is  
good and right and true.  
**Praise to you O Christ, King of eternal glory.**

**GOSPEL READING** Luke 15:1-3, 11b-32

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ  
according to Luke.

**Glory to you, O Lord.**

*At the end:*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*Please sit down for the sermon.*

*After the sermon there will be a time of silence.*

*Then we stand with the president for the Creed:*

We believe in God the Father,

**from whom every family**

**in heaven and on earth is named.**

We believe in God the Son,

**who lives in our hearts through faith,**

**and fills us with his love.**

We believe in God the Holy Spirit,

**who strengthens us with power from on high.**

We believe in one God;

**Father, Son and Holy Spirit.**

**Amen.**

*Please remain standing for the Prayer of the*

*Faithful. After each section:*

Lord, in your mercy

**hear our prayer.**

*After the final section (for the departed) there will  
be a time of silent prayer.*

*At the end:*

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ. Amen**

*The president introduces THE PEACE:*

Since we are justified by faith, we have peace  
with God through our Lord Jesus Christ, who  
has given us access to his grace; may the  
peace of the Lord be always with you.

**And also with you.**

*All exchange a sign of peace.*

**OFFERTORY HYMN 285**

*The bread and wine are brought to the altar.*

*The president says a prayer over the gifts to which  
we all respond:*

**Blessed be God for ever.**

*THE EUCHARISTIC PRAYER follows.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The president continues the prayer, thanking God  
for his saving works, and then invites the people to  
join their praises with the whole company of  
heaven:*

.....we proclaim your great and glorious  
name, for ever praising you and singing:

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest. Blessed is he**

**who comes in the name of the Lord.**

**Hosanna in the highest.**

*The president asks the Father to send the Holy  
Spirit to sanctify the bread and wine, and then  
repeats the Lord's own words over the bread and  
cup; .*

.....Great is the mystery of faith:

**Christ has died: Christ is risen:**

**Christ will come again.**

*The president continues, joining our offering with Christ's sacrifice of himself. At the end of the prayer the president says:*

.....all honour and glory be yours,  
almighty Father, for ever and ever:  
**Amen.**

*The President introduces the Lord's Prayer, and all say together:*

**Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

**جماعت :**

ای پدر ما که در آسمانی، نام تو مقدس باد، ملکوت  
تو بیاید. اراده تو چنانکه در آسمان است، بر زمین  
نیز کرده شود. نان کفاف ما را امروز به ما بده. و  
قرض های ما را ببخش چنانکه ما نیز قرضداران  
خود را می بخشیم، و ما را در آزمایش میاور، بلکه  
از شریر ما را رهایی ده. زیرا ملکوت و قوت و جلال  
تا ابدالابد از آن تو است، آمین.

*We SIT or KNEEL as the president breaks the consecrated bread in pieces for all to share:*

We break this bread  
to share in the body of Christ.  
**Though we are many we are one body,  
because we all share in one bread.**

**Jesus, Lamb of God:  
have mercy on us.**

**Jesus, bearer of our sins:  
have mercy on us.**

**Jesus, redeemer of the world:  
give us your peace.**

*The president addresses those who wish to come to Holy Communion:*

Behold the Lamb of God, who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*Those who wish draw near to the altar. Those who are baptized, as well as communicant members of other Christian churches, are invited to receive Holy Communion. Receiving the chalice remains optional.*

*During communion the choir sings a setting of Psalm 23.*

*When all have received holy communion what remains of the consecrated bread will be placed in the tabernacle and there is a time of stillness and quiet, then all please STAND with the President. Let us pray.*

*After a short time of silent prayer.*

Lord our God,  
whose blessed Son our Saviour  
gave his back to the smiters  
and did not hide his face from shame:  
**give us grace to endure  
the sufferings of this present time  
with sure confidence  
in the glory that shall be revealed;  
through Jesus Christ our Lord.  
Amen.**

### **HYMN 413**

*PLEASE SIT for the announcements then STAND for the blessing and dismissal.*

May God, who from the death of sin  
raised you to new life in Christ,  
keep you from falling  
and set you in the presence of his glory;  
and the blessing of God almighty,  
the Father, the Son + and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

Go in the peace of Christ.

**Thanks be to God.**

Organ: Nun Danket Alle Gott (Karg-Elert)

MONDAY March 20<sup>th</sup>

**1800 – 2100 Nowrouz Celebration**

Nowrouz is the Persian New Year. It is a time for people to get together and celebrate. It always falls in early spring. This year, it falls near Refreshment Sunday, which is a happy coincidence. We will be using the back room, and a team of cooks is preparing traditional food. Check that you have signed up!

WEDNESDAY March 22<sup>nd</sup>

**1930 Lent Course**

THURSDAY March 23<sup>rd</sup>

**1930 Eucharist**

SATURDAY March 25<sup>th</sup>

The Annunciation of the Angel Gabriel to the Blessed Virgin Mary

**0900 Eucharist**

**1000 Foodbank**

NEXT SUNDAY March 26<sup>th</sup> Lent 5

**1000 Sung Eucharist**

Rector: The Revd Richard Young

✉ [richardyoung09@gmail.com](mailto:richardyoung09@gmail.com)

Associate Priest: The Revd Jane Walker

[www.holyinnocentsff.org](http://www.holyinnocentsff.org)

Church Office: 0161 224 0535

Please keep the leaves, herbs and flower petals from the posies and bring them to church on Good Friday.



Passiontide 2023 begins next week

Lent 5

Palm Sunday April 2<sup>nd</sup>

Maundy Thursday April 6<sup>th</sup>

Good Friday April 7<sup>th</sup>

Easter Eve April 8<sup>th</sup>

Easter Day April 9<sup>th</sup>



**Our Lent Charity is the Fallowfield and Withington Foodbank.**

They are feeding literally hundreds of people a week and desperately need food, or money for food. Donations can be made on their website:

<https://fallowfieldwithington.foodbank.org.uk/>

Food donations can be left in the basket near the kitchen hatch.

