

HOLY INNOCENTS FALLOWFIELD



Sunday March 5th 2023

The Second Sunday of Lent

خوش آمدی

Welcome to Holy Innocents

*This leaflet contains all you need to join in the service. Words in **bold print** are spoken or sung by all. Hymns are not announced. For visitors, Gift Aid envelopes are available for donations. Please turn hearing aids to the T position. Please be as still and quiet as possible before the service as we prepare together to celebrate the Eucharist.*

When the bell rings, please stand to join in:

HYMN 358

The president today is the Revd Jane Walker. Please remain standing for the greeting and act of penitence.

+ In the name of the Father, and of the Son and of the Holy Spirit. **Amen.**

The Lord be with you.

And also with you.

Let us come to the Lord, who is full of compassion, and acknowledge our sins in penitence and faith.

A time of silent prayer follows, then:

Lord God, we have sinned against you;

we have done evil in your sight.

We are sorry and repent.

Have mercy on us. Wash away our sin.

Renew a right spirit within us,

and restore us in your love,

through Jesus Christ our Lord. Amen.

The Kyries are sung by the choir.

Lord have mercy...

Christ have mercy...

Lord have mercy...

Then the president says the absolution.

May Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal; through Jesus Christ our Lord.

Amen.

THE COLLECT the prayer for this Sunday

Let us pray.

After a moment of silent prayer the president says the Collect. At the end: Amen.

Please sit down for the Ministry of the Word.

FIRST READING Genesis 12:1-4a

Now the LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the LORD had told him; and Lot went with him.

At the end: This is the word of the Lord.

Thanks be to God.

PSALM 121

Lifting my eyes up to the hills,
where can I look for aid?

**Your help comes only from the Lord
who earth and heaven made.**

The Lord who guards you never sleeps,
nor will he let you fall;

**No slumber drowns Israel's God,
guardian of each and all.**

God is your guardian, God your shade,
protector of your right.

**By day the sun shall hurt you none,
nor shall the moon by night.**

The Lord shall shield you from all harm,
and safely guard your soul.

Forever, as you come and go,

God's love shall keep you whole.



خداوند، رفت و آمد تو را زیر نظر دارد و
پیوسته از تو مراقبت می نماید.

SECOND READING Romans 4:1-5, 13-17

At the end: This is the word of the Lord.

Thanks be to God.

Please STAND to sing:



God so loved | the world
that he gave his | only Son,
so that everyone who believes | in him
may not perish but may have e | -ternal life.
God did not send the Son into the world
to cond | emn the world,
but in order that the world might be | saved
through him.

GOSPEL READING John 3:1-17

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ
according to John.

Glory to you, O Lord.

At the end: This is the Gospel of the Lord.

Praise to you, O Christ.

*Please sit down for the sermon. The preacher
today is the Revd Canon Michael Ainsworth.*

After the sermon there will be a time of silence.

Then we stand with the president for the Creed:

We believe in one God,

**the Father, the Almighty, maker of heaven
and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.
For our sake he was crucified under Pontius
Pilate; he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life, who proceeds from
the Father and the Son, who with the Father
and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

*Please remain standing for the Prayer of the
Faithful. After each section:*

Lord, in your mercy: **hear our prayer.**

*After the final section (for the departed) there will
be a time of silent prayer. At the end:*

Merciful Father:

**accept these prayers for the sake of your
Son, our Saviour Jesus Christ. Amen**

The president introduces THE PEACE:

God is love and those who live in love live in
God and God lives in them.

The peace of the Lord be always with you.

And also with you.

All exchange a sign of peace.

OFFERTORY HYMN 383

The bread and wine are brought to the altar.

*The president says a prayer over the gifts to
which we all respond:*

Blessed be God for ever.

THE EUCHARISTIC PRAYER follows.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

THE PRESIDENT continues the prayer, thanking God for his saving works, and then invites the people to join their praises with the whole company of heaven:

.....we proclaim your great and glorious name, for ever praising you and singing:
Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE PRESIDENT asks God to send the Holy Spirit to sanctify the bread and wine, and then repeats the Lord's own words over the bread and cup.

.....Great is the mystery of faith:

Christ has died: Christ is risen:

Christ will come again.

THE PRESIDENT CONTINUES, joining our offering with Christ's sacrifice of himself. At the end of the prayer the president says:all honour and glory be yours, almighty Father, for ever and ever: Amen.

The President introduces the Lord's Prayer and all say together:

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

جماعت : ای پدر ما که در آسمانی، نام تو مقدس باد، ملکوت تو بیاید. اراده تو چنانکه در آسمان است، بر زمین نیز کرده شود. نان کفاف ما را امروز به ما بده. و قرض های ما را ببخش چنانکه ما نیز قرضداران خود را می بخشیم، و ما را در آزمایش میاور، بلکه از شریر ما را رهایی ده. زیرا ملکوت و قوت و جلال تا ابدالابد از آن تو است، آمین.

We SIT or KNEEL as the president breaks the consecrated bread in pieces for all to share:

We break this bread

to share in the body of Christ.

**Though we are many we are one body,
because we all share in one bread.**

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus redeemer of the world,

give us your peace.

The president addresses those who wish to come to Holy Communion:

Behold the Lamb of God, who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

Those who wish to receive the Sacrament or a blessing approach the altar. All who are baptised are invited to receive communion. Receiving the chalice is optional. During communion we hear He shall feed his flock (Handel) When all who wish to, have received Holy Communion, what remains of the consecrated bread will be placed in the tabernacle and there is a time of stillness and quiet, then all please STAND with the President.

Let us pray.

After a moment of silent prayer.

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls;
**that we may be defended
from all harm which may hurt the body,
and from all evil thoughts
which may assault and hurt the soul;
through Jesus Christ our Lord. Amen.**

Please join in:

**Blessed assurance, Jesus is mine!
Oh, what a foretaste of glory divine!
Heir of salvation, purchase of God,
Born of His Spirit, washed in His blood.**

*This is my story, this is my song,
Praising my Saviour all the day long;
This is my story, this is my song,
Praising my Saviour all the day long.*

**Perfect submission, perfect delight,
Visions of rapture now burst on my sight;
Angels descending, bring from above
Echoes of mercy, whispers of love.**

**Perfect submission, all is at rest,
I in my Saviour am happy and blest,
Watching and waiting, looking above,
Filled with His goodness, lost in His love.**

Frances Jane van Alstyne

*PLEASE SIT for the announcements then STAND for
the blessing and dismissal.*

Christ give you grace
to grow in holiness, to deny yourselves,
take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son + and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in the peace of Christ.

Thanks be to God.

MONDAY 6th

1930 Eucharist

WEDNESDAY 8th

1930 Lent Course

THURSDAY 9th

1930 Eucharist

SATURDAY 11th

1000 Foodbank

NEXT SUNDAY 12th Lent 3

1000 Sung Eucharist

Rector: The Revd Richard Young

✉ richardyoung09@gmail.com

Associate Priest: The Revd Jane Walker

www.holyinnocentsff.org

Church Office: 0161 224 0535

**Lent Charity
Fallowfield and Withington
Foodbank**

**Supporting families and households
in our parish and neighbourhoods.**

He shall feed his flock like a shepherd
And He shall gather the lambs with his arm
with his arm

He shall feed his flock like a shepherd
And He shall gather the lambs with his arm
with his arm.

And carry them in his bosom
And gently lead those that are with young
And gently lead those, and gently lead those
that are with young.

Come unto Him all ye that labour
Come unto Him, ye that are heavy laden
and He will give you rest.

Come unto Him all ye that labour
Come unto Him, ye that are heavy laden
and He will give you rest.

Take his yoke upon you and learn of Him
For He is meek and lowly of heart
And ye shall find rest, and ye shall find rest
unto your souls.

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