

# HOLY INNOCENTS FALLOWFIELD



Sunday February 26<sup>th</sup>, 2023  
**The First Sunday of Lent**

خوش آمدی

Welcome to Holy Innocents

*This leaflet contains all you need to join in the service. Words in **bold print** are spoken or sung by all. Hymns are not announced. For visitors, Gift Aid envelopes are available for donations. Please turn hearing aids to the T position. Please be as still and quiet as possible before the service as we prepare together to celebrate the Eucharist. When the bell rings, please stand to join in:*

## **HYMN 67**

*The president today is the Revd Jane Walker. Please remain standing for the greeting and act of penitence.*

+ In the name of the Father, and of the Son  
and of the Holy Spirit.

**Amen.**

The Lord be with you.

**And also with you.**

*All are invited to call to mind their sin.*

Let us come to the Lord, who is full of  
compassion, and acknowledge our sins in  
penitence and faith.

*A time of silent prayer follows, then:*

Lord God, we have sinned against you;

**we have done evil in your sight.**

**We are sorry and repent.**

**Have mercy on us. Wash away our sin.**

**Renew a right spirit within us,**

**and restore us in your love,  
through Jesus Christ our Lord. Amen.**

*The Kyries are sung by the choir.*

*Then the president says the absolution.*

May Almighty God, who forgives all who truly  
repent, have mercy on you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness  
and keep you in life eternal;  
through Jesus Christ our Lord. **Amen.**

## **THE COLLECT** *the prayer for this Sunday*

Let us pray.

*After a moment of silent prayer the president says  
the Collect.*

*At the end: Amen.*

*Please sit down for the Ministry of the Word.*

## **FIRST READING** Genesis 2.15-17, 3.1-7

The Lord God took the man and put him in the  
Garden of Eden to till it and keep it. And the  
LORD God commanded the man, "You may  
freely eat of every tree of the garden; but of  
the tree of the knowledge of good and evil  
you shall not eat, for in the day that you eat of  
it you shall die."

Now the serpent was craftier than any other  
wild animal that the LORD God had made. He  
said to the woman, "Did God say, 'You shall  
not eat from any tree in the garden?'"

The woman said to the serpent, "We may eat  
of the fruit of the trees in the garden; but God  
said, 'You shall not eat of the fruit of the tree  
that is in the middle of the garden, nor shall  
you touch it, or you shall die.'"

But the serpent said to the woman, "You will  
not die; for God knows that when you eat of it  
your eyes will be opened, and you will be like  
God, knowing good and evil."

So, when the woman saw that the tree was  
good for food, and that it was a delight to the  
eyes, and that the tree was to be desired to  
make one wise, she took of its fruit and ate;  
and she also gave some to her husband, who  
was with her, and he ate. Then the eyes of  
both were opened, and they knew that they  
were naked; and they sewed fig leaves  
together and made loincloths for themselves.

*At the end: This is the word of the Lord.*

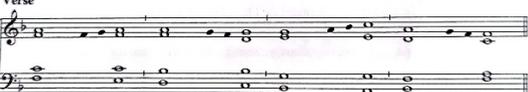
**Thanks be to God.**

## PSALM 32 Forgive me, O Lord, the guilt of my sin

Response  
of v. 5 For-give me, O Lord, the guilt of my sin.



Verse



Happy the one whose transgression is forgiven, // and whose sin is covered.  
Happy the one to whom the Lord imputes no guilt,  
and in whose spirit there is no guile. R/  
For I held my tongue; // my bones wasted away through my groaning all the day long.  
Your hand was heavy upon me day and night;  
I was dried up like the drought in summer.

Then I acknowledged my sin to you and my iniquity I did not hide. // I said, 'I will confess my transgressions to the Lord,' and you forgave the guilt of my sin. R  
Therefore let all the faithful make their prayers to you in time of trouble; // mercy embraces those who trust in the Lord. //  
Be glad, you righteous, and rejoice, shout for joy, all who are true of heart. R/

## SECOND READING Romans 5.12-19

At the end: This is the word of the Lord.

**Thanks be to God.**

Please STAND for the Gospel Acclamation



Praise to you O Christ, King of eternal glory.  
Praise to you O Christ, King of eternal glory.

کلام مقدس خداوند را گوش دهید؛ انجیل خداوند را بشنو  
Kalame moghaddase, khodavand ra goosh dahid, enjile khodavand ra beshnavid.

(Listen to God's holy word,  
hear the Gospel of the Lord)

**Praise to you O Christ, King of eternal glory.**

## GOSPEL READING Matthew 4.1-11

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew

**Glory to you, O Lord.**

At the end: This is the Gospel of the Lord.

**Praise to you, O Christ.**

Please sit down for the sermon. The preacher today is the Revd Canon Alma Servant. After the sermon there will be a time of silence. Then all stand with the president for the Creed:

We believe in one God,

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ**

**the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation**

**he came down from heaven,  
was incarnate of the Holy Spirit  
and the Virgin Mary and was made man.**

**For our sake**

**he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again**

**in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory**

**to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,**

**the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic  
and apostolic Church.**

**We acknowledge one baptism  
for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

*Please remain standing for the Prayer of the Faithful. After each section:*

Lord, in your mercy:

**hear our prayer.**

*After the final section (for the departed) there will be a time of silent prayer. At the end:*

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ. Amen.**

*The president introduces THE PEACE:*

God is love and those who live in love live in God and God lives in them.

The peace of the Lord be always with you.

**And also with you.**

*All exchange a sign of peace.*

## **OFFERTORY HYMN 65**

*The bread and wine are brought to the altar. The president says a prayer over the gifts to which we all respond:*

**Blessed be God for ever.**

*THE EUCHARISTIC PRAYER follows.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*THE PRESIDENT continues the prayer, thanking God for his saving works, and then invites the people to join their praises with the whole company of heaven:*

.....we proclaim your great and glorious name, for ever praising you and singing:

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he**

**who comes in the name of the Lord.**

**Hosanna in the highest.**

*THE PRESIDENT asks God to send the Holy Spirit to sanctify the bread and wine, and then repeats the Lord's own words over the bread and cup.*

Great is the mystery of faith:

**Christ has died: Christ is risen:**

**Christ will come again.**

*THE PRESIDENT CONTINUES, joining our offering with Christ's sacrifice of himself. At the end of the prayer the president says:*

.....all honour and glory be yours,

almighty Father, for ever and ever: **Amen.**

*The President introduces the Lord's Prayer and all say together:*

**Our Father who art in heaven,**

**hallowed be thy name; thy kingdom come,  
thy will be done on earth as it is in heaven.**

**Give us this day our daily bread**

**and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation**

**but deliver us from evil;**

**for thine is the kingdom, the power**

**and the glory for ever and ever. Amen.**

*We SIT or KNEEL as the president breaks the consecrated bread in pieces for all to share:*

We break this bread

to share in the body of Christ.

**Though we are many we are one body,  
because we all share in one bread.**

**Jesus, Lamb of God, have mercy on us.**

**Jesus, bearer of our sins, have mercy on us.**

**Jesus redeemer of the world,**

**give us your peace.**

*The president addresses those who wish to come to Holy Communion:*

Behold the Lamb of God, who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,**

**but only say the word and I shall be healed.**

*Those who wish to receive the Sacrament or a blessing approach the altar. During communion the choir sings a setting of Discipline, by George Herbert to music by John Bell.*

*When all who wish to, have received Holy Communion, there is a time of stillness and quiet. At the end of the silence all please STAND with the President.*

Let us pray.

*After a moment of silent prayer.*

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love:

**teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. Amen.**

*Please join in vv 2 and 3 (v 1 is sung in the original Welsh by the choir, please hum along!)*

O Lord, who gave the dawn its glow, and charm to close of day, you made all song and fragrance flow, gave spring its magic sway: deliver us, lest none should praise for glories that all earth displays.

**O Lord, who caused the streams to sing, gave joy to forest trees, you gave a song to lark on wing, and chords to gentlest breeze: deliver us, lest we should see a day without a song set free.**

**O Lord, who heard the lonely tread on that strange path of old, you saw the Son of Man once shed his blood from love untold: deliver us, lest one age dawn without a cross or crown of thorn.**

*PLEASE SIT for the announcements then STAND for the blessing and dismissal.*

May Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.

**Amen.**

Go in the peace of Christ.

**Thanks be to God**

MONDAY 27<sup>th</sup>  
George Herbert

**1930 Eucharist**

WEDNESDAY 1<sup>st</sup> March  
David, Patron of Wales

**1930 PCC**

THURSDAY 2<sup>nd</sup>

**1930 Eucharist**

SATURDAY 4<sup>th</sup>

*1000 Foodbank*

NEXT SUNDAY 5<sup>th</sup> Lent 2

*1000 Sung Eucharist*

Rector: The Revd Richard Young

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Associate Priest: The Revd Jane Walker

[www.holyinnocentsff.org](http://www.holyinnocentsff.org)

Church Office: 0161 224 0535

**LENT CHARITY**

**Fallowfield and Withington Foodbank  
Feeding and supporting  
our parish and neighbourhoods.**

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**DISCIPLINE**

Throw away the rod, throw away all wrath:  
O dear Lord and God, take the gentle path.

For my heart's desire unto Yours is bent:  
thus may I aspire to a full consent.

Not a word or look I affect to own,  
but your holy book, and its Word alone.

Though I fail, I weep: halt and fall in pace,  
Humbled yet I creep to the throne of grace.

Then let wrath re-move; love will do the deed:  
filled with such great love  
stony hearts will bleed.

Love is swift of foot; love's an arm of war,  
know that it can shoot and can hit from far.

Who can escape its bow?  
That which wrought on You,  
In life brought You low,  
needs must heal me too.

Throw away the rod; chart the human path.  
Truly, you are God: throw away all wrath.

*George Herbert(adapted)*