

# HOLY INNOCENTS FALLOWFIELD

Sunday, March 6<sup>th</sup>

## The First Sunday of Lent

خوش آمدی

Welcome to Holy Innocents

This leaflet contains all you need to join in the service. Words in **bold print** are spoken or sung by all. Hymns are not announced. For visitors, Gift Aid envelopes are available. It is our tradition to be as still and quiet as possible before the service as we prepare together to celebrate the Eucharist. When the bell rings, please stand to join in:

### ENTRANCE HYMN 67

The president today is the Revd Richard Young.  
Please remain standing for the greeting and act of penitence.

+ In the name of the Father, and of the Son and of the Holy Spirit.

Amen.

The Lord be with you.

**And also with you.**

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our sins in penitence and faith.

A time of silent prayer follows, then:

Father eternal, giver of light and grace,  
**we have sinned against you and against our neighbour, in what we have thought, in what we have said and done, through ignorance, through weakness, through our own deliberate fault.**

**We have wounded your love, and marred your image in us.**

**We are sorry and ashamed, and repent of all our sins.**

**For the sake of your Son Jesus Christ, who died for us, forgive us all that is past; and lead us out from darkness to walk as children of light. Amen.**

*The Kyries are sung by the choir.*

*Then the president says the absolution.*

May Almighty God,  
who forgives all who truly repent,  
have mercy on us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness  
and keep us in life eternal;  
through Jesus Christ our Lord.

**Amen.**

### THE COLLECT

The prayer for this Sunday

Let us pray.

*After a moment of silent prayer*  
the president says the Collect.

At the end: **Amen.**

*Please sit down for the Ministry of the Word.*

### FIRST READING

Deuteronomy 26:1-11

At the end:

This is the word of the Lord.

**Thanks be to God.**

### PSALM 91:1-2,9-16

*See back for music and words.*

### SECOND READING

Romans 10:8b-13

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

The scripture says, "No one who believes in him will be put to shame."

For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him.

For, "Everyone who calls on the name of the Lord shall be saved."

**This is the word of the Lord.**

**Thanks be to God.**

*Please STAND for the Lent Gospel Acclamation:*



Praise to you O Christ, King of eternal glory.  
Praise to you O Christ, King of eternal glory.

کلام مقدس خداوند را گوش دهید؛ انجیل خداوند را بشنو

Kalame moghadase

khodavand ra goosh dahid,  
enjile khodavand ra beshnavid.

(Listen to God's holy word,  
hear the Gospel of the Lord)

**Praise to you O Christ, King of eternal glory.**

### GOSPEL READING Luke 4: 1 – 13

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ  
according to Luke.

**Glory to you, O Lord.**

*At the end:*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*Please sit down for the sermon. The preacher today is the Revd Canon Michael Ainsworth. After the sermon there will be a time of silence. Then all stand with the president for the Creed:*

We believe in God the Father,  
**from whom every family**  
**in heaven and on earth is named.**

We believe in Gd the Son,  
**who lives in our hearts through faith,**  
**and fills us with his love.**

We believe in God the Holy Spirit,  
**who strengthens us with power from on high.**

We believe in one God;

**Father, Son and Holy Spirit.**

**Amen.**

*Please remain standing for the Prayer of the Faithful. After each section:*

Lord, in your mercy  
**hear our prayer.**

*After the final section (for the departed) there will be a time of silent prayer.*

*At the end:*

Merciful Father,  
accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen

*The president introduces THE PEACE:*

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. The peace of the Lord be always with you.

**And also with you.**



*All exchange a sign of peace.*

### OFFERTORY HYMN 307

*The bread and wine are brought to the altar.*

*The president says a prayer over the gifts to which we all respond:*

**Blessed be God for ever.**

*The Eucharistic prayer follows.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The president continues the prayer, thanking God for his saving works, and then invites the people to join their praises with the whole company of heaven:*

.....we proclaim your great and glorious name, for ever praising you and singing:

**Holy, holy, holy Lord,**  
**God of power and might,**  
**heaven and earth are full of your glory.**  
**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*The president asks the Father to send the Holy Spirit to sanctify the bread and wine, and then repeats the Lord's own words over the bread and cup. ....*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

*The president continues, joining our offering with Christ's sacrifice of himself. At the end of the prayer the president says:*

.....all honour and glory be yours, almighty Father, for ever and ever: **Amen.**

*The President introduces the Lord's Prayer and all say together:*

**Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come, thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, the power  
and the glory, for ever and ever.  
Amen.**

*We SIT or KNEEL as the president breaks the consecrated bread in pieces for all to share:*

We break this bread  
to share in the body of Christ.  
**Though we are many we are one body,  
because we all share in one bread.**

**Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus redeemer of the world,  
grant us your peace.**

*The president addresses those who wish to come to Holy Communion:*

Behold the Lamb of God, who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*Those who wish draw near to the altar. Those who are baptized, whether or not yet confirmed, as well as communicant members of other Christian churches, are invited to receive Holy Communion. During communion we sing hymn 65 and join in the chants shown on the back. When all have received holy communion what remains of the consecrated bread will be placed in the tabernacle. At the end of a time of silence all please stand with the President.*

Let us pray.

*Silent prayer.*

Lord God, you have renewed us with the living bread from heaven; **by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord.**  
**Amen.**

## HYMN 72

*PLEASE SIT for the announcements then STAND for the blessing and dismissal.*

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son + and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in the peace of Christ.

**Thanks be to God**

\*\*\*\*\*  
**Music: Aus der Tiefe (Bach)**  
\*\*\*\*\*

**MONDAY 7<sup>th</sup>**

**1930 Eucharist**

**THURSDAY 10<sup>th</sup>**

**1930 Eucharist**

**SATURDAY 12<sup>th</sup>**

**1000 Foodbank**

**1130 Lent Course:  
Professing our Faith**

**NEXT SUNDAY 13<sup>th</sup> Lent 2**

**1000 Sung Eucharist**

Rector: The Revd Richard Young

✉ [richardyoung09@gmail.com](mailto:richardyoung09@gmail.com)

Associate Priest: The Revd Jane Walker

[www.holyinnocentsff.org](http://www.holyinnocentsff.org)

Church Office: 0161 224 0535

### LENT APPEAL

#### Oasis Gorton

This charity has worked for over 20 years, supporting homeless and vulnerable people: providing language lessons, job preparation, food, clothes, furniture and moral support. Thelma and Peter Vowles led our support for them over many years.

**Go to their website and hit the Donate**

**button:** <https://oasisgorton.org/>

(It is possible to leave a message identifying the intention of the donation.) If you live in the Gorton area, their address is: Hyde Rd, Manchester M18 7FB (not far from the Tesco in Gorton).

God can only give faithful love

Tenderness and forgiveness

God who loves us,

God who forgives us.

\*\*\*\*\*

Adoramus te, Christe,

Benedicimus tibi,

Qui a per crucem tuam,

Redemisti mundum.



### Psalm 91

cf. v. 2 You are my God in whom I trust.

Whoever dwells in the shelter of | the Most High  
and abides under the shadow of | the Almighty,  
Shall say to the Lord, 'My refuge | and my stronghold,  
my God, in whom I | put my trust.'

You shall tread upon the li | on and adder;  
the young lion and the serpent you shall trample | underfoot.  
Because they have set their love upon me, therefore will | I deliver them;  
I will lift them up, because they | know my name.

They will call upon me and | I will answer them;  
I am with them in trouble, I will deliver them and bring | them to honour.  
With long life | will I satisfy them //and show them | my salvation.