

HOLY INNOCENTS  
FALLOWFIELD

Sunday, February 5<sup>th</sup> 2023  
The Third Sunday before Lent

خوش آمدی

Welcome to Holy Innocents.

*This leaflet contains all you need to join in the service. Words in bold print are spoken or sung by all. Hymns are not announced.*

*For visitors, Gift Aid envelopes are available. It is our tradition be as still and quiet as possible before the service as we prepare together to celebrate the Eucharist.*

*When the bell rings, please stand to join in:*

**HYMN 466**

*The president today is the Revd Canon Michael Ainsworth. Please remain standing for the greeting and act of penitence.*

+ In the name of the Father, and of the Son and of the Holy Spirit.

**Amen.**

The Lord be with you.

**And also with you.**

God knows the innermost thoughts of our hearts. In sorrow for our sin, we turn to him for mercy and for grace.

*A time of silent prayer follows, then:*

Let your faithful love come unto us, O Lord, Save us, according to your promise: Lord, have mercy. **Lord, have mercy.**

Your word is a lantern to our feet and a light upon our path: Christ, have mercy. **Christ, have mercy.**

We have gone astray like lost sheep; O seek your servants, for we do not forget your commandments. Lord, have mercy.

**Lord, have mercy.**

May God forgive us our sins, heal and strengthen us by his Spirit, and raise us to new life in Christ our Lord. **Amen.**

**Glory to God in the highest,  
and peace to his people on earth.**

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us; you are seated at the right  
hand of the Father: receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord, you alone are the Most  
High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. **Amen.**

**THE COLLECT** The prayer for this Sunday

Let us pray.

*After a moment of silent prayer, the president says the Collect. At the end: Amen.*

*Please sit down for the Ministry of the Word.*

**FIRST READING** Isaiah 58.1-9 (edited)

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Will you call this a fast, a day acceptable to the LORD? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

*At the end: This is the word of the Lord.*

**Thanks be to God.**

## PSALM 112



Blessed are those who | fear the | Lord:// and have great de|light in | his com|mandments.  
Their descendants will be mighty | in the | land:  
a generation of the | faithful | that · will be | blest.

Wealth and riches will be | in their | house://and their righteous|ness en|dures for | ever.  
Light shines in the darkness | for the | upright:  
gracious and full of com|passion | are the | righteous.

It goes well with those who are | generous · in | lending://and order | their a|ffairs with | justice,  
For they will | never · be | shaken://the righteous will be held in | ever|lasting · re|membrance.

They will not be afraid of any | evil | tidings://their heart is steadfast, | trusting | in the | Lord.  
Their heart is sustained and | will not | fear://until they see the | downfall | of their | foes.

They have given freely to the poor; their righteousness stands | fast for | ever:  
their head will be ex|alted | with - | honour.

The wicked shall see it and be angry; they shall gnash their | teeth · in de|spair:  
the de|sire · of the | wicked · shall | perish.

### SECOND READING 1 Corinthians 2.1-12

*At the end:* This is the word of the Lord.

**Thanks be to God.**

*Please stand for the Gospel Acclamation*

Alleluia, alleluia, alleluia....

**Alleluia, alleluia, alleluia....**

Ghalbha va zehneman ra pak kon ey

khodavande ghader va motaal,

ke shayad ma enjil moghadast

ra dar eshgh va iman haghghi beshnavim.

*[Cleanse our hearts and minds, Lord God, that we may hear your holy Gospel in true faith and love.]*

**Alleluia, alleluia, alleluia....**

### GOSPEL READING Matthew 5.13-20

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

*At the end:* This is the Gospel of the Lord.

**Praise to you, O Christ.**

*Please sit down for the sermon. The preacher today is the Revd Jane Walker. After the sermon there will be a time of silence. Then all please STAND with the president for the Creed:*

Let us affirm our faith

in Jesus Christ the Son of God.

**Though he was divine,**

**he did not cling to equality with God, but made himself nothing.**

**Taking the form of a slave,**

**he was born in human likeness.**

**He humbled himself**

**and was obedient to death,**

**even the death of the cross.**

**Therefore, God has raised him on high,**

**and given him the name**

**above every name:**

**that at the name of Jesus**

**every knee should bow,**

**and every voice proclaim**

**that Jesus Christ is Lord,**

**to the glory of God the Father. Amen.**

*Please remain standing for the Prayer of the Faithful. After each section:*

Lord, in your mercy:

**hear our prayer.**

*After the final section (for the departed) there will be a time of silent prayer.*

*At the end:*

Merciful Father,

**accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen**

*The president introduces THE PEACE:*

We are the Body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you.

**And also with you.**

*All exchange a sign of peace.*

### **OFFERTORY HYMN 311**

*The bread and wine are brought to the altar.*

*The president says a prayer over the gifts to which we all respond:*

**Blessed be God for ever.**

*THE EUCHARISTIC PRAYER follows.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*THE PRESIDENT continues the prayer, thanking God for his saving works, and then invites the people to join their praises with the whole company of heaven:*

.....for ever praising you and singing:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*THE PRESIDENT asks the Father to send the Holy Spirit to sanctify the bread and wine, and then repeats the Lord's own words over the bread and cup.....*

Great is the mystery of faith:

**Christ has died: Christ is risen:**

**Christ will come again.**

*THE PRESIDENT CONTINUES, joining our offering with Christ's sacrifice of himself. At the end of the prayer the president says:*

.....all honour and glory be yours, almighty Father, for ever and ever: **Amen.**

*The President introduces the Lord's Prayer and all say together:*

**Our Father who art in heaven,**

**hallowed be thy name;**

**thy kingdom come,**

**thy will be done**

**on earth as it is in heaven.**

**Give us this day our daily bread**

**and forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation**

**but deliver us from evil;**

**for thine is the kingdom,**

**the power and the glory for ever and ever.**

**Amen.**

We SIT or KNEEL as the president breaks the consecrated bread in pieces for all to share:

We break this bread

to share in the body of Christ.

**Though we are many we are one body,**

**because we all share in one bread.**

**Jesus, Lamb of God, have mercy on us.**

**Jesus, bearer of our sins, have mercy on us.**

**Jesus, redeemer of the world,**

**give us your peace.**

*The president addresses those who wish to come to Holy Communion:*

Behold the Lamb of God who takes away the sins of the world; blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,**

**but only say the word and I shall be healed.**

*Those who wish draw near to the altar. Those who are baptized, as well as communicant members of other Christian churches, are invited to receive Holy Communion.*

*During communion, please join in You are salt for the earth. When all have received Holy Communion what remains of the consecrated bread will be placed in the tabernacle, and there will be a time of silence. At the end of the silence all please STAND with the President.*

Let us pray.

*After a moment of silent prayer*

Merciful Father, who gave Jesus Christ to be for us the bread of life, that those who come to him should never hunger:

**draw us to the Lord in faith and love, that we may eat and drink with him at his table in the kingdom, where he is alive and reigns, now and for ever.**

**Amen.**

*Please join in:*

**HYMN 431**

*PLEASE SIT for the announcements then STAND for the blessing and dismissal.*

May Christ, who has nourished you with himself, the true and living bread, make you one in praise and love and raise you up on the last day, and the blessing of God almighty, the Father, the Son + and the Holy Spirit, be among you and remain with you always.

**Amen.**

Go in the peace of Christ:

**Thanks be to God.**

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MONDAY 6<sup>th</sup>

**1930 Eucharist**

THURSDAY 9<sup>th</sup>

**1930 Eucharist**

SATURDAY 11<sup>th</sup>

**1000 Foodbank**

NEXT SUNDAY 12<sup>th</sup>

**1000 Sung Eucharist**

Rector: The Revd Richard Young  
✉ [richardyoung09@gmail.com](mailto:richardyoung09@gmail.com)  
Associate Priest: The Revd Jane Walker  
[www.holyinnocentsff.org](http://www.holyinnocentsff.org)  
Church Office: 0161 224 0535

You are salt for the earth, O people:  
salt for the kingdom of God.  
Share the flavour of life, O people:  
life in the kingdom of God.

*Bring forth the kingdom of mercy,  
Bring forth the kingdom of peace;  
Bring forth the kingdom of justice,  
Bring forth the city of God.*

You are a light on the hill, O people:  
light for the city of God!  
Shine so holy and bright, O people:  
shine for the kingdom of God.

You are a seed of the Word, O people:  
Bring forth the kingdom of God;  
Seeds of mercy and seeds of justice,  
Grow in the kingdom of God.

We are a blest and a pilgrim people:  
bound for the kingdom of God.  
Love our journey and love our homeland:  
Love is the kingdom of God!

