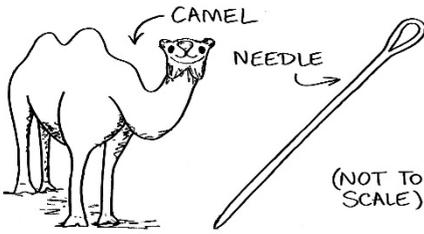


HOLY INNOCENTS FALLOWFIELD



Sunday, October 10th
The Nineteenth Sunday after Trinity

خوش آمدی
Welcome to Holy Innocents.

*This leaflet contains all you need to join in the service. Words **in bold print** are spoken or sung by all. Hymns not announced.*

For visitors, Gift Aid envelopes are available. Please be as still and quiet as possible before the service as we prepare together to celebrate the Eucharist. Today, any young people who wish to take part in Children's Church activities should follow the group leaders out to the meeting room at the back at the end of the first hymn.

When the bell rings, please stand to join in:

HYMN 490

The president today is the Revd Jane Walker who greets the people and introduces the service.

Please remain standing for the greeting and act of penitence.

+ In the name of the Father, and of the Son and of the Holy Spirit.

Amen.

The Lord be with you.

And also with you.

God knows the innermost thoughts of our hearts. In sorrow for our sin, we turn to him for mercy and for grace.

A time of silent prayer follows, then:

Praise the Lord O my soul, and forget not all his benefits: Lord, have mercy.

Lord, have mercy.

Who forgives all your sin and heals all your infirmities: Christ, have mercy.

Christ, have mercy.

Who saves your life from destruction and crowns you with mercy and loving-kindness: Lord, have mercy.

Lord, have mercy.

May God forgive us our sins, heal and strengthen us by his Spirit, and raise us to new life in Christ our Lord.

Amen.

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;**

**you are seated at the right hand of the
Father: receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

THE COLLECT The prayer for this Sunday

Let us pray.

After a moment of silent prayer the president says the Collect.

At the end: Amen.

Please sit down for the Ministry of the Word.

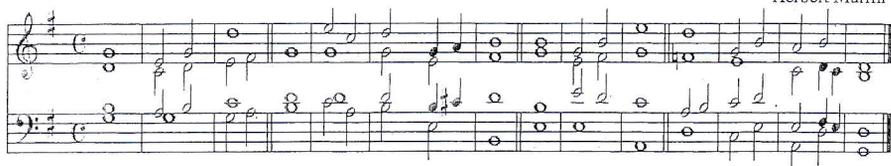
A reading from the Old Testament is followed by a psalm, a reading from the New Testament, and then the Gospel for the day is read.

FIRST READING Amos 5:6-7, 10-15

This is the word of the Lord.

Thanks be to God.

PSALM 90.12-17



So teach us to | count our | days
that we may | gain a | wise | heart.
Turn, O | LORD! How | long?
Have com- | passion | on your | servants!

Satisfy us in the morning with your
| steadfast | love, // so that we may
| rejoice and be | glad all our | days.
Make us glad as many days as you | have
a- | fflicted us,
and as many | years as we | have seen
| evil.

Let your work be manifest | to your | servants,
and your glorious | power | to their
| children. // Let the favour of the Lord our
God be upon us, and prosper for us the
work | of our | hands—
O | prosper the | work of our | hands!

SECOND READING Hebrews 4:12-16

Indeed, the word of God is living and active,
sharper than any two-edged sword, piercing
until it divides soul from spirit, joints from
marrow; it is able to judge the thoughts and
intentions of the heart. And before him no
creature is hidden, but all are naked and laid
bare to the eyes of the one to whom we
must render an account. Since, then, we
have a great high priest who has passed
through the heavens, Jesus, the Son of God,
let us hold fast to our confession. For we do
not have a high priest who is unable to
sympathize with our weaknesses, but we
have one who in every respect has been
tested as we are, yet without sin. Let us
therefore approach the throne of grace with
boldness, so that we may receive mercy and
find grace to help in time of need.

At the end:

This is the word of the Lord.

Thanks be to God.

Please stand for the Gospel Alleluia

Alleluia, alleluia, alleluia, alleluia
Alleluia, alleluia, alleluia, alleluia
Ghalbha va zehneeman ra pak kon ey
khodavande ghader va motaal,
ke shayad ma enjil moghadast
ra dar eshgh va iman haghghi beshnavim.

*[Cleanse our hearts and minds, almighty God,
that we may hear your holy Gospel in true faith
and love.]*

Alleluia, alleluia, alleluia, alleluia

قلب ها و ذهن مان را پاک کن ای خداوند قادر و متعال ، که
شاید ما انجیل مقدست را در عشق و ایمان حقیقی بشنویم.

GOSPEL READING Mark 9:30-37

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ
according to Mark.

Glorify to you, O Lord.

At the end:

This is the Gospel of the Lord.

Praise to you, O Christ.

*Please sit down for the sermon. The preacher
today is the Revd Canon Michael Ainsworth.
After the sermon there will be a time of silence.
Then we stand with the president for the Creed.*

We believe in one God,

**the Father, the Almighty, maker of heaven
and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,

**the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

For us and for our salvation

**he came down from heaven,
was incarnate of the Holy Spirit
and the Virgin Mary and was made man.**

For our sake

**he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated
at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and
apostolic Church.**

**We acknowledge one baptism for the
forgiveness of sins.**

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

*Please remain standing for the Prayer of the
Faithful. After each section:*

Lord, in your mercy:
hear our prayer.

*After the final section (for the departed) there will
be a time of silent prayer. At the end:*

Merciful Father,
**accept these prayers for the sake of your
Son, our Saviour Jesus Christ. Amen**

The president introduces THE PEACE:

We are the Body of Christ. In the one Spirit
we were all baptized into one body. Let us
then pursue all that makes for peace and
builds up our common life.

The peace of the Lord be always with you.
And also with you.

All exchange a sign of peace, and then join in:

HYMN 307

*The bread and wine are brought to the altar.
The president says a prayer over the gifts to
which we all respond:*

Blessed be God for ever.

THE EUCHARISTIC PRAYER follows.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

*The president continues the prayer, thanking God
for his saving works, and then invites the people
to join their praises with the whole company of
heaven:*

.....for ever praising you and singing:

**Holy, holy, holy Lord, God of power and
might, heaven and earth are full of your
glory. Hosanna in the highest.**

**Blessed is he who comes in the name of the
Lord. Hosanna in the highest.**

*The president asks the Father to send the Holy
Spirit to sanctify the bread and wine, and then
repeats the Lord's own words over the bread and
cup.....*

Great is the mystery of faith:

Christ has died: Christ is risen:

Christ will come again.

*The president continues, joining our offering with
Christ's sacrifice of himself. At the end of the
prayer the president says:*

.....all honour and glory be yours,
almighty Father, for ever and ever:

Amen.

*The President introduces the Lord's Prayer and all
say together:*

Our Father who art in heaven,

hallowed be thy name;

thy kingdom come,

thy will be done on earth as it is in heaven.

Give us this day our daily bread and

forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation

but deliver us from evil;

for thine is the kingdom, the power

and the glory for ever and ever.

Amen.

We sit or kneel as the president breaks the consecrated bread in pieces for all to share:

We break this bread

to share in the body of Christ.

**Though we are many we are one body,
because we all share in one bread.**

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

The president addresses those who wish to come to Holy Communion:

Behold the Lamb of God who takes away the sins of the world; blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

Those who wish draw near to the altar. Those who are baptized, whether or not yet confirmed, as well as communicant members of other Christian churches, are invited to receive Holy Communion. (Others are asked to fold their arms for a blessing.) During communion: "How can I keep from singing?". When all have received holy communion what remains of the consecrated bread will be placed in the tabernacle and there will be a time of silence. At the end of the silence all please STAND with the President.

Let us pray.

After a moment of silent prayer.

Holy and blessed God,
you have fed us
with the body and blood of your Son
and filled us with your Holy Spirit:
**may we honour you,
not only by our words,
but in lives dedicated to the service
of Jesus Christ our Lord. Amen.**

HYMN 306

PLEASE SIT for the announcements then STAND for the blessing and dismissal.

The God of hope fill you with all joy and peace in believing, and the blessing of God almighty, the Father, the Son + and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in the peace of Christ:

Thanks be to God.

MONDAY 11th

1930 Eucharist

THURSDAY 14th

1200 Eucharist

1600 Contemplative Conversations

SATURDAY 16th

1000 Foodbank

NEXT SUNDAY 17th

1000 Sung Eucharist

Rector: The Revd Richard Young

✉ richardyoung09@gmail.com

Associate Priest: The Revd Jane Walker

www.holyinnocentsff.org

Church Office: 0161 224 0535

My life flows on in endless song
above earth's lamentation:
I catch the sweet, though far off, hymn
that hails a new creation.

*No storm can shake my inmost calm
while to that Rock I'm clinging.
Since love is Lord of heaven and earth,
how can I keep from singing?*

Through all the tumult and the strife,
I hear that music ringing.
It finds an echo in my soul --
how can I keep from singing?

What though my joys and comforts die?
The Lord, my Saviour, liveth.
What though the darkness round me close?
Songs in the night he giveth.

The peace of Christ makes fresh my heart,
a fountain ever springing.
All things are mine since I am his!
How can I keep from singing?