

HOLY INNOCENTS
FALLOWFIELD



Sunday March 10th 2024
The Fourth Sunday of Lent
Refreshment Sunday

خوش آمدی

Welcome to Holy Innocents

*This leaflet contains all you need to join in the service. Words in **bold print** are spoken or sung by all. Hymns are not announced. For visitors, Gift Aid envelopes are available for the collection. Please be as still and quiet before the service as we prepare together to celebrate the Eucharist. When the bell rings, please stand to sing:*

HYMN 186

The president today is the Revd Richard Young. Please remain standing for the greeting and act of penitence.

+ In the name of the Father,
and of the Son and of the Holy Spirit.

Amen.

The Lord be with you.

And also with you.

Let us come to the Lord, who is full of
compassion, and acknowledge our sins in
penitence and faith.

A time of silent prayer follows, then:

Lord God, we have sinned against you;

we have done evil in your sight.

We are sorry and repent.

Have mercy on us. Wash away our sin.

Renew a right spirit within us,

and restore us in your love,

through Jesus Christ our Lord. Amen.

The Kyries are sung by the choir.

Then the president says the absolution.

May Almighty God,

who forgives all who truly repent,
have mercy on you,

pardon and deliver you from all your sins,
confirm and strengthen you in all goodness
and keep you in life eternal;

through Jesus Christ our Lord.

Amen.

THE COLLECT *the prayer for this Sunday*

Let us pray.

*After a moment of silent prayer the president says
the Collect.*

At the end: Amen.

Please sit down for the Ministry of the Word.

FIRST READING *Numbers 21:4-9*

From Mount Hor they set out by the way to
the Red Sea, to go around the land of
Edom; but the people became impatient on
the way.

The people spoke against God and against
Moses, "Why have you brought us up out
of Egypt to die in the wilderness? For there
is no food and no water, and we detest this
miserable food."

Then the LORD sent poisonous serpents
among the people, and they bit the people,
so that many Israelites died. They came to
Moses and said, "We have sinned by
speaking against the LORD and against you;
pray to the LORD to take away the
serpents from us." So Moses prayed for the
people.

And the LORD said to Moses,

"Make a poisonous serpent, and set it on a
pole; and everyone who is bitten shall look
at it and live." So Moses made a serpent of
bronze, and put it upon a pole; and
whenever a serpent bit someone, that
person would look at the serpent of bronze
and live.

At the end: This is the word of the Lord.

Thanks be to God.

PSALM 107

O praise the Lord, for he is good,
his mercies still endure;
thus say the ransomed of the Lord,
from all their foes secure.

He gathered them from out the lands,
from north, south, east and west.
They strayed in desert's pathless way,
No city found for rest.

Their weary soul within them faints
when thirst and hunger press;
in trouble then they cried to God,
he saved them from distress.

He made the way before them straight,
himself became their guide,
that they might to a city go
wherein they might abide.

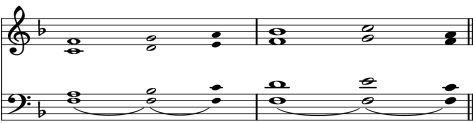
Because the longing soul by him
with food is satisfied,
the hungry soul that looks to him
with goodness is supplied.

SECOND READING *Ephesians 2:1-10*

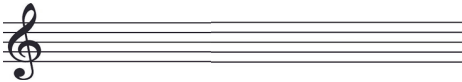
At the end: This is the word of the Lord.

Thanks be to God.

Please stand for the Lent Gospel Acclamation:



Praise to you O Christ,
King of eternal glory.
Praise to you O Christ,
King of eternal glory.



I am the light of the world, says the Lord,
whoever follows me
will have the light of life
Praise to you O Christ,
King of eternal glory.

GOSPEL READING *John 12.14-21*

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ
according to John.

Glorify to you, O Lord.

At the end: This is the Gospel of the Lord.

Praise to you, O Christ.

*Please sit down for the sermon. The preacher
today is the Revd Canon Michael Ainsworth.
After the sermon there will be a time of silence.
Then all stand with the president for the Creed.*

We believe in God the Father,
**from whom every family
in heaven and on earth is named.**
We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.

We believe in God the Holy Spirit,
**who strengthens us
with power from on high.**
We believe in one God;
Father, Son and Holy Spirit. Amen.

*Please remain standing for the Prayer of the
Faithful. After each section:*

Lord, in your mercy:

hear our prayer.

*After the final section (for the departed) there will
be a time of silent prayer. At the end:*

Merciful Father,

**accept these prayers for the sake of your
Son, our Saviour Jesus Christ. Amen.**

The president introduces THE PEACE:

God is love and those who live in love live in
God and God lives in them.

The peace of the Lord be always with you.

And also with you.

All exchange a sign of peace.

OFFERTORY HYMN 285

*The offerings of the people are collected and the
bread and wine are brought to the altar.*

*The president says a prayer over the gifts to which
we all respond:*

Blessed be God for ever.

THE EUCHARISTIC PRAYER follows.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

THE PRESIDENT continues the prayer, thanking God for his saving works, and then invites the people to join their praises with the whole company of heaven:

.....we proclaim your great and glorious name, for ever praising you and singing:

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he

who comes in the name of the Lord.

THE PRESIDENT asks God to send the Holy Spirit to sanctify the bread and wine, and then repeats the Lord's own words over the bread and cup.

Great is the mystery of faith:

Christ has died: Christ is risen:

Christ will come again.

THE PRESIDENT CONTINUES, joining our offering with Christ's sacrifice of himself. At the end of the prayer the president says:

.....all honour and glory be yours, almighty Father, for ever and ever:

Amen.

The President introduces the Lord's Prayer and all say together:

Our Father, who art in heaven,

hallowed be thy name,

thy kingdom come,

thy will be done

on earth as it is in heaven.

Give us this day our daily bread

and forgive us our trespasses

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever.

Amen.

ی پدر ما که در آسمانی، نام تو مقدس باد، ملکوت تو بباید. اراده تو چنانکه در آسمان است، بر زمین نیز کرده شود. نان کفاف ما را امروز به ما بده. و قرض های ما را ببخش چنانکه ما نیز قرضداران خود را می بخشیم، و ما را در آزمایش میاور، بلکه از شریر ما را رهایی ده. زیرا ملکوت وقوت و جلالنا ابدالابد از آن تو است، آمین.

We SIT or KNEEL as the president breaks the consecrated bread in pieces for all to share:

We break this bread

to share in the body of Christ.

**Though we are many we are one body,
because we all share in one bread.**

Jesus, Lamb of God,

have mercy on us.

Jesus, bearer of our sins,

have mercy on us.

Jesus redeemer of the world,

give us, give us your peace.

The president addresses those who wish to come to Holy Communion:

Behold the Lamb of God,

who takes away the sin of the world.

Blessed are those

who are called to his supper.

Lord, I am not worthy to receive you,

but only say the word

and I shall be healed.

Those who wish to receive the Sacrament or a blessing approach the altar.

Those who are baptised, whether or not yet confirmed may receive the sacrament. Others are asked to fold their arms for a blessing. During communion, please join in the Taize chants shown on the back of the leaflet.

When all who wish to have received Holy Communion, what remains of the consecrated bread will be placed in the tabernacle for the communion of the sick and there is a time of stillness and quiet

Then all please STAND with the President.

Let us pray.

After a moment of silent prayer.

Lord God,
whose blessed Son our Saviour
gave his back to the smiters
and did not hide his face from shame:
**give us grace to endure the sufferings
of this present time
with sure confidence in the glory
that shall be revealed;
through Jesus Christ our Lord.
Amen**

HYMN 413

PLEASE SIT for the announcements then STAND for the blessing and dismissal.

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and
follow him;
and the blessing of God almighty,
the Father, the Son + and the Holy Spirit, be
among you and remain with you always.
Amen.

Go in the peace of Christ.

Thanks be to God.

MONDAY 11th March

1930 Eucharist

THURSDAY 14th March

1930 Eucharist

SATURDAY 16th

1000 Foodbank

NEXT SUNDAY 17th

Lent 5: Passiontide

Annual Church Meeting

Rector:

The Revd Richard Young

✉ richardyoung09@gmail.com

Associate Priest:

The Revd Jane Walker

www.holyinnocentsff.org

Church Office: 0161 224 0535

LENT COLLECTION

Friends of Platt Fields Park

Supporting eco-projects locally and
across the city: trees, gardens, vegetable
growing, bike repair,
mental and physical health,
asylum seeker wellbeing.....

Registered charity: 1182191

Donations can be made by cash and cheque.

*Per crucem et passionem tuam,
liberanos domine.*

*Mon âme se repose en paix sur Dieu seul,
de lui vient mon salut. Oui, sur Dieu seul,
mon âme se repose, se repose en paix.*

*Nada te turbe, nada te espante,
quien a Dios tiene, nada le falta,
nada te turbe, nada te espante,
solo Dios basta.*

Be still and know that I am God
I am the Lord who saves and heals
In you, Lord God, I put my trust.

May the Lord, mighty God,
bless and keep you for ever;
grant you peace, perfect peace,
courage in every endeavour.

Lift up your eyes and see his face
and his grace for ever.

May the Lord, mighty God,
bless and keep you for ever.



*Today's posies of flowers and leaves are a sign of
spring and there to cheer up the long Lenten
season. We have established the tradition of
keeping the leaves and petals to scatter around
the cross on Good Friday.*